



# PARK YOGA

Park Yoga aims to connect people to the natural outdoors, through a relaxing, energising and breathtaking yoga session, improving wellbeing and creating a positive ripple effect throughout communities

## FREE outdoor yoga on Sunday mornings

**AT HILLWORTH PARK, DEVIZES**

**9.30 – 10.30AM**

**STARTS SUNDAY 2<sup>nd</sup> MAY**

**OPEN TO EVERYONE & ANYONE**

**PRE-REGISTER [www.parkyoga.co/devizes](http://www.parkyoga.co/devizes)**

**JUST BRING A MAT/TOWEL & A DRINK**

**\*Children under 18yrs must be accompanied by an adult**



Sessions are held throughout the summer, subject to weather conditions. Please check the website/Facebook page for more information.  
Park Yoga is a registered charity: 1183253  
[www.parkyoga.co](http://www.parkyoga.co)