We Are...
... an alliance of professionals including Education, Sport and Health. We have a simple vision; putting physical activity and the health of Young People in Wiltshire first.

Our aim for every school...
• To be aware of the facts
• To commit to the vision of Wiltshire HYPE
• To become an active partner and improve the lives of our Young People

The future of our Wiltshire’s Young People matters.

What the Wiltshire HYPE framework 2017 – 2020 will help you achieve
1. Improved health and well being of your pupils
2. Being part of a network of experts that will facilitate and coordinate best advice and support on your specific HYPE priority
3. Access to local & national resources initiatives via our online resource bank.

Your next step closer to being part of the HYPE
1. Read and share the HYPE framework document with your school
2. Allocate a member of staff to champion HYPE for your school community
3. Be an active partner of HYPE by meeting the following criteria:
   • Identify an area on your School development Plan for HYPE to have an impact on
   • Have or work towards Healthy Schools mark
   • Participate In the Wiltshire Schools Games Program
   • Sharing impact of the PE premium on your school website
   • Sharing your good practice with others
4. Sign up to HYPE online at www.wiltssport.org/wiltshire and gain access to literature, self assessment surveys and case studies.

Many of our school’s finest student leaders come through sport. We value PE so highly that we have increased their curriculum time to ensure we develop rounded, health conscious, young leaders who will give to society.

George Croxford – Wilts Headteacher

References: Wiltshire Children and Young People’s Health and Wellbeing Survey 2015; Mental Health taskforce Strategy (NHS) 2016; Wiltshire & Swindon Sport WASP; Wiltshire Healthy School.org; National Childhood Measurement Programme for Wiltshire 2015.
PHYSICAL LITERACY FOR LIFE
- Be motivated, confident and resilient
- Have access to high quality opportunities to develop an understanding of their own physical literacy
- Take responsibility for life long participation in physical activity.

HEALTHY BODY, HEALTHY MIND
- Understanding the value of school sport, physical activity and a healthy lifestyle
- Recognise the positive impact on a range of physical and mental health issues
- Experience social benefits of being part of a club, team or sporting community
- Recognise links between physical activity and academic achievement.

LEADERSHIP & VOLUNTEERING
- Introduce and develop the skills of good leadership
- Deploy young leaders and volunteers in roles such as coaching, officiating administration, event organisation and communication
- Recognise and promote the contribution of volunteering and identify pathways for this
- Use these to raise aspirations, employability skills and outcomes for all young people in Wiltshire.

HIGH QUALITY PHYSICAL EDUCATION FOR ALL
- Young people experience teaching delivered by confident, competent and enthusiastic staff
- Enhanced quality first teaching through the use of recognised specialist coaches and collaboration with colleagues
- Providing support and opportunities to meet any individuals needs
- All schools offer a minimum of two hours high quality physical education per week.

PARTICIPATION AND COMPETITION
- All young people have opportunities to take part in competitive physical activities in, out and after school
- All young people have access to / are involved in an inclusive and progressive competition and festival programmes
- Success through achieving Personal Best is recognised and valued by schools and their communities
- Gifted and Talented pupils are identified and supported through collaboration with schools, clubs and National Governing Bodies.

HEALTHY YOUNG PEOPLE EXCEL
In Wiltshire the need is as great as ever;
24% of Wiltshire primary children surveyed in 2016 eat 3 or less portions of fruit & veg a day - 3% eat none
49% of secondary pupils are so worried about their future they regularly struggle to sleep.
22% of Wiltshire primary children surveyed in 2016 eat 3 or less portions of fruit & veg a day - 3% eat none

PE is Powerful Education, you gain so much more than just the physical aspect, it improves mental health, relieves stress, improves social skills and it is vital for students’ academic performance as it increases among other things cognitive function and memory skills. Physical education and sport also gives you the employability skills needed for life.

Collette Harries – Wilts School Games Organiser