



Welcome to the 1st Edition of the Primary Sports Premium Newsletter for the new school academic year. For advice or support on the Primary Sports Premium, please contact Rik Grover at Wiltshire and Swindon Sport .

Email : rik@wiltssport.org Phone : 01225 781500



Check out our
new look website ...

- * Get Active
- * Get Support
- * Get Involved
- * Get Informed

www.wiltssport.org.uk

Obesity Strategy (Chapter 2) - 2018
'Schools Edit'

[Read more ...](#)



lifestyles and creating environments which encourage their pupils to eat healthily and be physically active.

Regular physical activity has been linked not only to improved physical health but also improved mental wellbeing and academic attainment. The Chief Medical Officer recommends all school

'Schools have an important role in defining habits and helping their pupils make healthier choices. We know that obesity rates double during the primary school years and increase further in secondary school. We must ensure that schools are equipping children with the knowledge they need to lead healthy

aged children get at least 60 minutes of physical activity every day – but we know only approximately one in five achieve this. The Government is to review how the least active children are being engaged in physical activity in and around the school day. The review will consider how the Primary PE and Sport Premium is being used, to help ensure that our investment contributes towards helping all children to lead active lives.

It is recommended that during the school day, schools should be responsible for delivering at least 30 minutes of the total recommended daily minutes of moderate to vigorous physical activity for children and young people. For many schools it can be difficult to identify the right opportunities to meet this recommendation. Active mile initiatives provide a simple means of significantly contributing to this recommendation and early research has suggested such schemes can deliver on well-established links between physical activity, and improved wellbeing and educational attainment. Therefore, we will promote a national ambition for every primary school to adopt an active mile initiative, such as the Daily Mile. Schools will have the flexibility to do so in a way that best suits their facilities and students and we will review how the Primary PE and Sport Premium can be used to support it.

Our plans to introduce a healthy rating scheme for schools, outlined in the 2016 Childhood Obesity plan, will ensure that schools have a framework for self-evaluation for promoting healthy eating and physical activity during the school day.

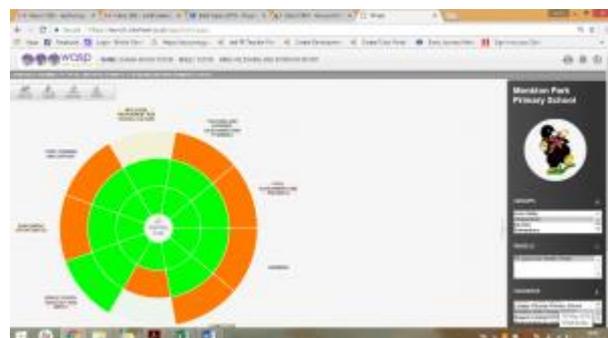
As part of Ofsted school inspections, inspectors currently evaluate how well schools support pupils so that children are able to explain accurately and confidently how to keep themselves healthy, including through making informed choices about healthy eating and physical fitness. This evaluation contributes to a graded judgement on pupils' personal development, behaviour and welfare. Ofsted is developing a new framework for September 2019. This will consider how schools build knowledge across the whole curriculum and how they support pupils' personal development more broadly, including in relation to healthy behaviours'.

Please follow the link for full details of the report - <https://bit.ly/2QeWxgq>

Create Development PE, Sport and Health Wheel

Create Development Wheel

Example of pupil progress in attainment, both physically and learning behaviours. This is taken from real PE Whole School Impact report, which is available to all schools who have real PE whole school, and can be easily personalised and uploaded to your school website as evidence.



real legacy is a whole school improvement package, over two years of continued training, support in school and professional courses. A whole school impact report for real legacy is also available.

(www.createdevelopment.co.uk or Sarah Moon Regional Manager 07828967408
sm@createdevelopment.co.uk)

To evidence Whole School Improvement/Culture of PE and Physical Activity, plus Impact on children's attainment we recommend the Create Development 'Health, Sport and PE and Sports Premium Wheel'.

The CD wheel is a tool which provides a visual profile for your schools PE and Sport Premium Spend, as well as the ability to evidence and target for the forthcoming year (to review and update at any time).

For further information and full details regarding this fantastic tool, go to - <http://bit.ly/2zgL76h>

If you would like to utilise it, please contact Rik at WASP for further details: rik@wiltssport.org

Relay Magazine - Autumn edition

10th Edition of Relay

Have your school or organisation included in our next Relay!

If you would like to tell us about your sporting success and physical activity best practice. Send us your article with around 200 words and some hi resolution images to kirsty@wiltssport.org

Deadline for copy is Wednesday 24th October before half term!



4 Free Fencing sessions for Primary Schools in Swindon

[Book your Free lessons here !](#)



Funded by a Heart Research UK and Subway® Healthy Heart Grant, pupils in Years 5 and 6 in all Swindon primary schools have the opportunity to experience 4 hours of the exciting sport of sword fencing. The sessions are specifically designed to promote heart

health and the benefits of an active and healthy lifestyle as children also learn to duel with swords.

Professional Fencing coaches Neil Bromley and Shaun Garley from Swindon Fencing Club will be delivering the classes. Slots can be booked throughout the year starting w/c 17 September 2018. To book your FREE sessions please contact Neil via email neilg.bromley@ntlworld.com or 07527 546164.

Primary Sports Premium Guidance Presentations for Schools and Governors

[Full details ..](#)

Wiltshire and Swindon Sport's Primary Premium Lead Officer Rik Grover can offer two separate PowerPoint presentations offering guidance and support on the primary sports premium.

The first presentation is designed for Head teachers, PLT's and school staff, whilst the second is intended for School Governors.

Both presentations are approximately 30 minutes in duration and give an overview of the local and national picture of the Primary Sports Premium, plus relevant information depending on the presentation audience. A guidebook accompanies the Governors presentation. These presentations are FREE of charge.



Please contact Rik if you would like him to come to your school to deliver the presentation, or if you require advise or support with any aspects of the PSP - Rik Grover on 01225 781500 or email rik@wiltssport.org.uk

Walking to School



we provide for teachers and parents, and our groundbreaking campaigning work that all underpin our vision of a new walking generation.

[Find out more ...](#)

WE HAVE A BIG AMBITION: EVERY CHILD THAT CAN, WALKS TO SCHOOL.

A generation ago, 70% of us walked to school – now it's less than half. We want to reverse this decline. We want children to be energised and empowered, and to make walking to school their natural choice. **And we need your help.**

Find out about the ways Living Streets gets children walking more, the fab tools

Why RightCoach ?

[RightCoach](#)

In order for coaches to be able to deliver high quality, safe and effective sessions, [WASP](#) have established a local Coaching Network and has been working with a number of partners including UK Coaching, Wiltshire Council, Swindon Borough Council and the Education Department.

The Coaching Network has established and agreed a set of Minimum Standards for Deployment (MSD) that we want to see being implemented by employers or deployers for all coaches working across the county in both community and school settings.

RightCoach

RightCoach accreditation is offered to any coach who meets our minimum standards of deployment:

- UKCC qualified to Level 2 or above
- Valid safeguarding certificate that is recognised by your sport's [NGB](#)
- Valid first aid certificate that is recognised by your sport's [NGB](#)
- Insurance
- Enhanced DBS certificate issued within the last 3 years

Learning Academy course programme 2018/19

[Book your place here !](#)

Whether you are a coach, activator, facilitator, instructor, leader, teacher, trainer, staff or volunteer, we offer a range of courses and CPD to suit the varied roles involved in sport and physical activity.

Courses we offer:

We offer a comprehensive range of courses to suit your needs, including:



- [Emergency First Response \(Primary Care\)](#)
- [Safeguarding & Protecting Children](#)
- [Time to Listen](#)
- [Mental Health Awareness in Sport and Physical Activity](#)
- [Mentoring Sports Coaches](#)
- [How to Deliver Engaging Sessions for Young People](#)
- [Behaviors Change Tactics](#)
- [Additional Learning Academy and Online Courses](#)

COACHING IS CHANGINGINTO WORKFORCE

[Find out more ...](#)



New roles are emerging to suit participant needs.

Whether you are a coach, activator, facilitator, instructor, leader, teacher, trainer, staff, volunteer or something similar we are now using the term **Workforce** to incorporate all roles involved in Sport and Physical Activity...

We are currently developing a **Local Workforce Framework for Wiltshire** which will focus on 4 main areas:

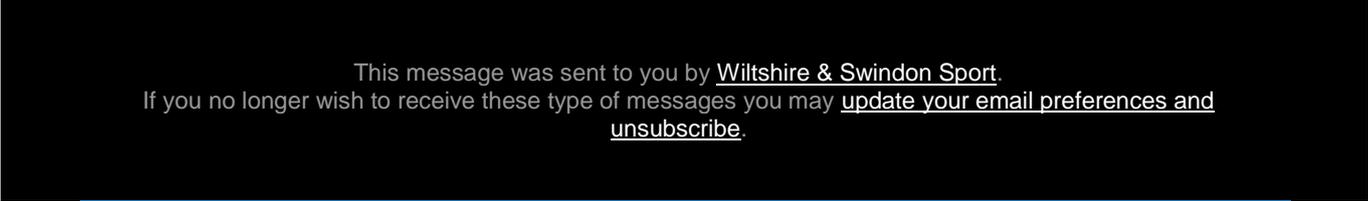
1. [Coaching](#)
2. [Professional Workforce](#)
3. [Volunteering](#)
4. Clubs



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