



Welcome to the December Edition of the Primary Sports Premium Newsletter



In this final newsletter of 2018, you will find information and relevant links to the following :

- Active Lives - Children and Young People Survey 2017 / 18
- Updates on the revised reporting of the Primary PE and Sport Premium
- Swimming CPD for Teachers
- Power of an Active Classroom CPD
- Pentathlon offer to schools
- Create Development PE, Sport and Health Reporting Wheel
- Governor, Head Teacher and PE lead Presentations

Active Lives - Children and Young Peoples Survey 2017 / 18



More than 40% of children in England do an average of more than 60 minutes of physical activity a day, a first-of-its-kind survey has found.

Sport England's **Active Lives Children and Young People Survey 2017 /18**, shows that around 3 million children (43.3%) lead active lives, however of that group, only 1.2 million (17.5%) are meeting the Chief Medical Officer's guidelines of more than 60 minutes of activity a day, every day of the week.

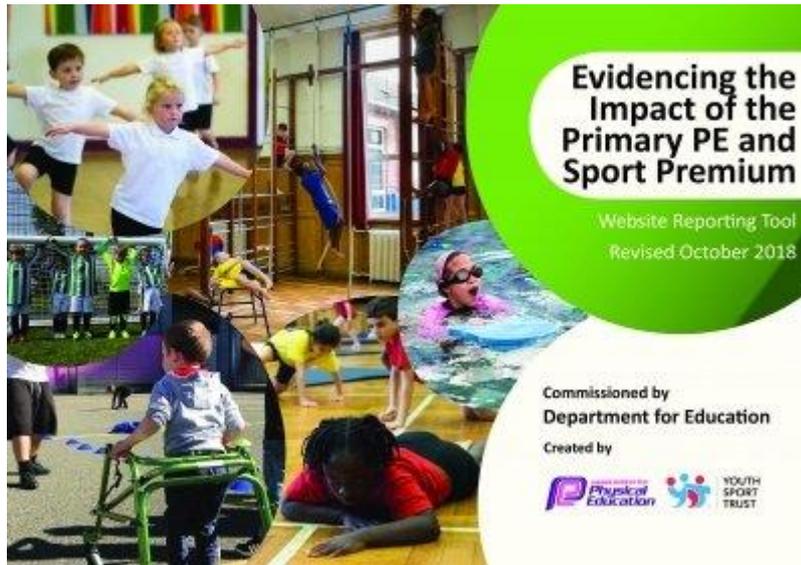
The survey is the largest ever of its kind and gives comprehensive insight into how children in England are taking part in sport and physical activity, both in and out of school.

Figures also show that more than 2.3 million children and young people (32.9%) are less active, meaning they do fewer than 30 minutes of physical activity a day.

[Click here](#) to view the full report.

Reminder : PE and Sport Premium for Primary Schools - Revised reporting deadline for 2019

[DfE Website](#)



Maintained schools, including those that convert to academies, **MUST publish**, on their website by **31st July 2019**, information about their use of the Primary PE and Sport Premium.

- **Schools must publish the amount of premium received**
- **A full breakdown of how it has been spent (or will be spent)**
- **The impact the school has seen on pupils' PE, physical activity, and sport participation and attainment**
- **How the improvements will be sustainable in the future**

Schools are also required to publish the percentage of pupils within your year 6 cohort in the 2018 to 2019 academic year who met the national curriculum requirement to:

- **Swim competently, confidently and proficiently over a distance of at least 25 metres**
- **Use a range of strokes effectively**
- **Perform safe self-rescue in different water-based situations**

Attainment data for year 6 pupils should be provided from their most recent swimming lessons. This may be data from years 3, 4, 5 or 6, depending on the swimming programme at your school.

Schools are required to [publish details](#) of how they spend this funding as well as on the **'Impact it has on pupils' PE and sport participation and attainment'**. We recommend regularly updating the table and publishing it on your website as evidence of your ongoing review into how you are using the money to secure maximum, sustainable impact. To see an example of how to complete the table please click [HERE](#) to download a copy.

Click [HERE](#) to download a PDF copy of the revised template.

Click [HERE](#) to download a Word copy of the revised template.

Fortius PE - CPD Opportunity

Fortius PE - Teacher Swimming CPD

(Very Limited Opportunity)



Develop your swimming team with the National Curriculum Training Programme (NCTP).

Class teachers and other adults who have an established relationships with your pupils are the best placed to make school swimming lessons a success.

To be confident in delivering school swimming and water safety lessons that meet the national curriculum outcomes, they need support, training and resources. This will also ensure pupils receive the best quality swimming education.

The National Curriculum Training Programme for primary school teachers equips staff with the skills and knowledge to deliver high quality school swimming lessons to make sure your school not only meets but exceeds the national curriculum requirements.

Once completed the holder will be qualified to plan and evaluate session plans in line with the national curriculum, and teach independently in a school swimming programme.

Date/Time

Date(s) - 12/03/2019 - 13/03/2019

9:00 am - 5:30 pm

Location

[Trowbridge Sports Centre](#)

[Click here](#) to book

YST - CPD Opportunity

YST - Power of an Active School Workshop

[Find out more ...](#)



WASP in association with the YST are offering a 'Power of an Active School' twilight session to schools. This is aimed at all teaching staff, support staff, Headteachers and Governors in the development of healthy active lifestyles across a school.

Outcomes from the session:

- Advocate why high levels of physical activity across the school day lead to healthier and more effective learners
- Reflect on how effective their current provision is at promoting physical activity throughout the school day
- Know how to reduce sedentary behaviour and embed physical activity in their school
- Self-review provision for physical activity in their school

Details of the Workshop :

Date and Time: Thursday 24th January 2019 – 4pm till 5.30pm

Venue: Wiltshire & Swindon Sport Offices, 1 Goodwood Close, White Horse Business Park, Trowbridge, BA14 0XE

Cost:£35 per participant, which will include some electronic resources

[Click here](#) to book and get further information

If you require further information, please contact Rik on 01225 781500 / 07787 298810 or email - rik@wiltssport.org

Pentathlon - Schools Programme Offer

Pentathlon Hereford offers a well established Schools Programme and partners with schools to inspire pupils to complete positive daily habits, developing physical literacy, teamwork, leadership and independence. Additionally, Pentathlon Hereford helps to support the creation of global and individual smart goals, creating opportunities to adapt routine behaviours and achieve success.

They provide activity days into schools, giving pupils an unique offer of something different with Pent-Active, laser pistols and plastic swords. Their reputation is outstanding, providing a professional, fun and encouraging experience. This initial Activity day forms part of a 5 step programme (attached), providing schools with options to develop physical literacy and independence through the development of daily habits and personal, class and whole school, goals. This is a simple process with further opportunities to develop teamwork, leadership and personal responsibility. Price wise it is also extremely competitive as shown with the [School Offer document](#). This 5 step delivery plan aims to offer a 'whole school approach' with all teachers investing into achieving the Vision and Goals. CPD delivery is included within their delivery to the children, where at least 1 member of staff receives "on the job training".

[Click here](#) for further information



Activity Days For Schools



Multi Sport Activity Days including Pent-Active, Plastic Sword Fencing and Laser Pistol Shooting.....only £300.00

2 Coaches will work with pupil groups across the school day, providing new and exciting activities. The day includes a 45 orientation session for teachers to gain ideas for whole school goals around their sports, health and well-being programmes.

Delivery to suit school timetable. Equipment Provided



For further information and bookings,
please contact:
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07568 503443

Pentathlon Hereford
www.pentathlonhereford.uk

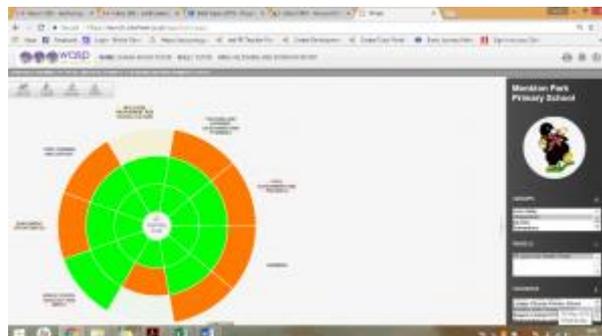


Create Development PE, Sport and Health Wheel

Create Development Wheel

Celebrate and evidence the impact of the PE and Sport Premium

The PE, Sport and Health Wheel is an innovative online tool which uses a simple framework to:



- Create and communicate a shared vision for PE, Sport and Health across the school.
- Establish where you are, where you want to be and how to get there.
- Identify appropriate solutions to meet your vision.
- Evidence and celebrate the impact of the PE and Sport Premium and other programmes.
- Be part of a community of learning with shared best practice across schools.

Join over 1000 schools who are currently using the Create Development 'Health, Sport and PE and Sports Premium Wheel' to evidence Whole School Improvement/Culture of PE and Physical Activity, plus Impact on children's attainment.

"It will allow us to see exactly how our money is being spent and to understand the impact it is having across the different areas we need to cover."

*Sam Bacon, Assistant Headteacher,
St Andrew's C of E Primary School, Horsham*

For further information [click here](#)

Or contact [Sarah Moon](#) Regional Manager 07828967408 or [Rik](#) at WASP 01225 781500

Primary Sports Premium Guidance Presentations for Schools and Governors

Full details ..

Wiltshire and Swindon Sport's Primary Premium Lead Officer Rik Grover can offer two separate PowerPoint presentations offering guidance and support on the primary sports premium.

The first presentation is designed for Head teachers, PLT's and school staff, whilst the second is intended for School Governors.

Both presentations are approximately 30 minutes in duration and give an overview of the local and national picture of the Primary Sports Premium, plus relevant information depending on the presentation audience. A guidebook accompanies the Governors presentation. These presentations are FREE of charge.



Please contact Rik if you would like him to come to your school to deliver the presentation, or if you require advise or support with any aspects of the PSP - Rik Grover on 01225 781500 or email rik@wiltssport.org.uk

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