Welcome to the first edition of the Primary Sports Premium Newsletter 2020

REGISTER YOUR SCHOOL TODAY FOR OUR FREE JOURNEY TO WELLBEING PROGRAMME

Introduction...

In this February edition of the Primary Sports Premium newsletter, you will find information and relevant links to the following:

• Active Lives Survey - Local insight and data
• Primary PE and Sport Premium - Revised Reporting Template 2019/20
• CPD and School Opportunities from: Get Set for PE (YST), Fortius and Create / WASP
• WASP Governors, Headteachers and PE Leads FREE presentations

Active Lives Survey - Local and National insight 2018 /19

Active Lives Survey 2017-18 and 2018-19 Local Data for Swindon and Wiltshire
• According to the most recent Active Lives survey, Wiltshire and Swindon has the second highest percentage of ‘fairly active’ children and young people across all Active Partnerships. Wiltshire and Swindon saw the biggest increase in this group from 2017-18 along with the second largest decrease in children categorised as less active, suggesting a greater number of children are becoming more active in both areas.

• In terms of responses to the Active Lives Survey, Wiltshire saw an increase of 111 respondents from the previous academic year whilst the number of respondents in Swindon significantly decreased by 163.

• Across both Wiltshire and Swindon there has been an increase in children who are doing less than an average of 30+ minutes a day. This difference is significant with an 11.2% decrease in Wiltshire. Similarly, in both areas there has been an increase in children who are physically active for more than 30 minutes a day.

• In Swindon there is an increased percentage of children who are physically active for an average of more than 30 minutes per day outside of school and a decrease in those doing less. The opposite can be said for Wiltshire, with fewer children physically active for at least 30 minutes and more physically active for less than 30 minutes.

• In comparison to National level data, both Wiltshire and Swindon have a higher percentage of children active for an average for at least 30 minutes a day. This is significant for Wiltshire with a 10% difference.

• In terms of differences from the previous academic year, both Swindon and Wiltshire have seen significant increases in the percentage of children who are fairly active. In addition, Wiltshire has a significantly less percentage of children who are less active than in 2017-18.

• Children are more physically active outside of school in 2018-19 in both Swindon and Wiltshire. Wiltshire has seen the largest increase in activity levels outside of school however this increase is not significant.

• There has been a significant decrease in the number of children in years 1-11 volunteering in sport and physical activity in Swindon, but a slight increase overall and in Wiltshire according to the most recent Active Lives data.

For full details and insight on the Active Lives Survey 2018 / 19 and 'How to get involved' during the 2019 / 20 survey, including which schools have been selected to take part, please click HERE

PE and Sport Premium - Revised Reporting Template - 2019/20
It is important that your grant is used effectively and based on school need. The Education Inspection Framework (Ofsted 2019 p64) makes clear there will be a focus on ‘whether leaders and those responsible for governors all understand their respective roles and perform these in a way that enhances the effectiveness of the school’. Under the Quality of Education criteria (p41) inspectors consider the extent to which schools can articulate their curriculum (INTENT), construct their curriculum (IMPLEMENTATION) and demonstrate the outcomes which result (IMPACT).

To assist schools with common transferable language this template has been developed to utilise the same three headings which should make your plans easily transferable between working documents. Schools must use the funding to make additional and sustainable improvements to the quality of Physical Education, School Sport and Physical Activity (PESSPA) they offer.

This means that you should use the Primary PE and Sport Premium to:

• Develop or add to the PESSPA activities that your school already offer

• Build capacity and capability within the school to ensure that improvements made now will benefit pupils joining the school in future years.

Please visit gov.uk for the revised DfE guidance including the 5 key indicators across which schools should demonstrate an improvement.

This document will help you to review your provision and to report your spend. DfE encourages schools to use this template as an effective way of meeting the reporting requirements of the Primary PE and Sport Premium. We recommend you start by reflecting on the impact of current provision and reviewing the previous spend.

Schools are required to publish details of how they spend this funding as well as on the impact it has on pupils’ PE and sport participation and attainment by the end of the summer term or by 31st July 2020 at the latest. We recommend regularly updating the table and publishing it on your website throughout the year. This evidences your ongoing self-evaluation of how you are using the funding to secure maximum, sustainable impact.

To see an example of how to complete the table please click HERE.
Please click [HERE](#) to download a copy of the revised template for 2019/20

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**CPD Opportunities**

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**Get Set 4 PE**

Connecting Teachers to High Quality PE
This **free interactive workshop** will allow primary school teachers to identify the key features of a high quality Physical Education lesson.

The workshop will 'deep dive' into what should be expected to be seen in a high-quality lesson, whilst exploring sustainable solutions to raise the standard of PE across your school.

Working in partnership with the **Complete P.E.** and the **Youth Sport Trust** we would like to invite you to attend our free workshop on:

**Tuesday 10th March 2020**

1pm – 2:30pm

**White Horse Business Park, Epson Road, Trowbridge, Wiltshire, BA14 0XE**

**Workshop content includes:**

- Identifying the key features of a high quality PE lesson, observing teaching through the use of video clips.
- Examine ways to effectively apply formative assessment of the whole child in PE lessons.
- An opportunity to reflect on the PE provision in your own setting.
- Inline with the new Ofsted framework, use PE as a tool to challenge the personal development of all pupils.

To register a place visit [https://www.eventbrite.co.uk/e/what-is-high-quality-physical-education-registration-91765114929](https://www.eventbrite.co.uk/e/what-is-high-quality-physical-education-registration-91765114929)
Click HERE for a quick link to register your place

USA 2020 Challenge : Journey to Well-being Education Programme (Free to access Resources)

Join the hundreds of schools who have already set off on their journey to well-being. This innovative and fun education programme offers a huge range of free resources and activities which can be implemented over a week, month, term or across the 2019/20 academic year, bringing well-being and personal development to life.
"We first became aware of the Journey to Well-being when we heard Ben Smith speak so inspirationally to us at the 2019 YST Conference Awards Dinner. We knew straight away that our school needed to be part of this." James Ross, St Breock Primary School, Cornwall.
Register HERE

Fortius PE - CPD for NQT's
Physical Education Course for NQTs and NQTs + 1/2

Tuesday 24th March
9am – 3.30pm

Venue – Swindon

Have you had limited training on how to deliver high quality physical education? Are you unsure where to start when teaching PE? Then this course is for you. We will cover the fundamental pedagogical principles of delivering PE including planning, class management, lesson organisation, differentiation and keeping your PE lesson active, FUN and challenging for all.

This course will involve theory and practical elements.

Cost £130 / £104 Fortius members

For further details on any of the offered courses, or to book a place, click HERE or call: 01793 239789

Create Development / WASP - FREE workshops
Introduction...

Create Development and WASP are pleased to announce a series of four FREE workshops covering the following subject areas:

- Developing the whole child through PE
- EYFS / KS1 - A thematic approach through PE

The workshops are taking place in various locations throughout Wiltshire during the February and March 2020. Please see details below for the first workshops with a link to book.
Developing the whole child through PE

- Explore how PE can be used to develop children’s Physical, Personal, Social, Creative and Cognitive skills.
- Identify the broader benefits of a child centred approach in PE.

Tuesday 12th February 2020
2.45pm for coffee, commencing at 4 - 5.30pm

Crudwell CoFE Primary School, Crudwell, Malmesbury SN16 9ER

For more information contact Sarah Moon at sm@createdevelopment.co.uk
or Rik Grover at rik@wiltssport.org.uk

Places are limited

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EYFS/KS1: A thematic approach through PE

- Find out how specific themes can be incorporated into PE lessons to engage EVERY child.
- Explore the benefits of applying a thematic approach to PE.

Wednesday 11th March 2020
2.45pm for coffee, commencing at 4 - 5.30pm

Manor Fields Primary School, Wilton Road, Salisbury SP2 7EJ

To book your FREE place contact Sarah Moon at sm@createdevelopment.co.uk
or Rik Grover at rik@wiltssport.org.uk

Places are limited
Governors / Heads presentation on the Primary Sports Premium

Wiltshire and Swindon Sport's Primary PE and Sport Premium Lead Officer Rik Grover can offer two separate PowerPoint presentations offering guidance and support on the primary sports premium.

The first presentation is designed for Head teachers, PLT's and school staff, whilst the second is intended for School Governors. Both presentations are approximately 20 minutes in duration and give an overview of the local and national picture of the Primary Sports Premium, plus relevant information depending on the presentation audience. A guidebook accompanies the Governors presentation. These presentations are FREE of charge.

Does PE matter in your school

There has never been a more important time for PE in primary schools.

Recent research finds that half of all seven-year olds do not get enough exercise, only 38 per cent of girls at that age take part in the recommended hour of moderate or vigorous exercise a day and one in three young people leave primary school overweight. These statistics show how important
high-quality PE and sport is in tackling the growing levels of inactivity amongst primary age children in the UK.

If young people enjoy taking part in physical activity early on in life they will go on to lead active healthy lifestyles, but if they have a bad experience, particularly at school, they could be put off for life. Physical activity is associated with numerous health benefits for children, such as muscle and bone strength, health and fitness, improved quality of sleep and maintenance of a healthy weight. There is also evidence that physical activity and participating in organised sports and after school clubs is linked to improved academic performance.

If you would like Rik to come to your school to deliver the presentation, or if you require advise or support with any aspects of the PSP, please contact him on 01225 781500 or via email HERE

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